



HOMESCHOOL SOCCER POST-SEASON TRAINING 2022

PROGRAM DETAILS

- Ages 10-18, boys and girls
- Previous playing experience is not necessary
- Sessions will be held on Tuesdays and Thursdays from 7:30 to 9:00 am (10 weeks)
- First session is Tuesday March 1 (no sessions March 15/17 due to Spring Break)
- Final session is Thursday May 12
- Training location is North Oaks Baptist Church, 18411 Stuebner Airline Rd. Spring, TX 77379
- The focus of the sessions will be on individual skill development, speed and agility, fitness with and without the ball, as well as decision-making through small-sided games
- Each session will close with a devotional and prayer
- Players will be separated according to age and ability
- Cost of sessions is \$195 per player with a \$20 sibling discount
- Players are required to bring a soccer ball; shin guards and water
- Register online at www.sqsoccer.com

"Sharing Biblical truth to reach, teach & encourage next generation leaders through soccer"