

SEASON TRAINING - WEEK 9

HCYA HURRICANES CULTURE = CHRIST + CHARACTER + CLASS + COMMITMENT

The goal of each of the five HCYA Hurricanes soccer teams is to win every game during the season. That might sound like an obvious statement, but it needs to be stressed. This is a competitive program, and with that comes the expectation that

players will exert the necessary energy and effort needed to defeat our opponents. However, in soccer as in all sports, the goal of 100% success is rarely, if ever met. We have "off" days. Mistakes are made. We play superior opponents. The ball doesn't bounce our way or the referee misses a crucial call (or two). Whatever the case, defeat is (almost) inevitable because of circumstances beyond our control.

However, the one thing we can control and which must be guarded at all costs is the culture of the program. The bar has been set high over the past nine years, and we cannot allow ourselves to become complacent or neglectful of our responsibilities. Here are a few questions which need to be asked by way of accountability:



Congratulations to Becca Slaten (Benedictine College) and Bella Villagrand (Belhaven University) on their Signing Day at Houston's First Baptist, Cypress

- 1. Are you missing practices and/or games and not informing your coach? Unexcused absences are not acceptable. The HCYA Hurricanes Code of Conduct (which each family signed during registration) clearly states that participation and attendance for both games and practices is expected. Missed games without a medically cleared excuse with their coach will result in
 - that player sitting out the first half of the following game. Missed practices (without notification and suitable excuse) will result in fitness penalties
- 2. Are you showing up to practices and/or games without your full uniform? This involves wearing the correct Hurricanes shorts and socks, and, of course, jersey. Are you wearing shin-guards and is your soccer ball properly inflated?
- 3. Are you arriving late for practices and/or games without excuse or notifying your coach?

Let's take an honest look at where we're at and determine to maintain the culture – the very DNA of the program! I KNOW we can do it!



TUESDAY DEVOTIONAL RECAP

"We know that all things work together for the good of those who love God, who are called according to His purpose. For those He foreknew He also predestined to be conformed to the image of His Son..." (Romans 8:28-29)

- 1. God is not working to make us happy, but to fulfill His purpose
- 2. God's purpose is to conform us to the image of His Son. He wants to make us clones of Christ, people who mirror Christ's character and conduct. Therefore, we can only receive "all things", if we are conformed to Christ. We must be loving God progressively and be "conformed to the image of" Christ in order for us to see things working together for good

THURSDAY DEVOTIONAL RECAP

"I have learned the secret of being content in any and every situation" (Philippians 4:12)

- 1. Be grateful. God has blessed us immeasurably
- 2. Don't be a complainer. Be content with what you have and with the situation you're in (even disciplinary laps around the field!)

Looking forward seeing everyone on Tuesday for our final session of 2020!

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SPORTS QUEST

"Sharing Biblical truth to reach, teach & encourage next generation leaders through soccer"

"I can do all things through Christ who strengthens me" (Philippians 4:13)