



## SEASON TRAINING – WEEK 7

**A huge shout-out to Varsity Girls for taking Third Place in the Lutheran South Academy Tournament. Great job ladies!**

With fourteen practice sessions completed, we are now well into the 2020/21 season. Success, defeat and “growing pains” are all part of the process as we continue to challenge each individual and team to be committed – “ALL IN” – both athletically and spiritually. This week, our soccer focus was “Possession Play” while our end of session devotionals revolved around attitude and friendships...

### Tuesday Devotional Summary – **Attitude**

- We may *want* to be the best, but do we have the *will* to be the best?
- We may *want* to reach a top position in life, but are we *committed* to putting forth the necessary effort to get there?
- You only get out what you put in! “Garbage in – Garbage out!”
- There’s a big difference between *activity* and *productivity*
- **“Do not conform to the pattern of this world, but be transformed by the renewing of your mind” (Romans 12:2)**



### Thursday Devotional Summary – **Friendships**

- Who do you hang out with? *Do they pull you up or drag you down?*
- Does your *behavior* or the *behavior* of friends truly demonstrate what you *believe* about Christ?
- If you *want* a friend, you have to *be* a friend
- Choose your friends wisely (especially your “Friday night” friends)
- **“Bad company corrupts good character” (1 Corinthians 15:33)**



Happy Thanksgiving, and see you next week!

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#### SPORTS QUEST

“Sharing Biblical truth to reach, teach & encourage next generation leaders through soccer”

**“I can do all things through Christ who strengthens me” (Philippians 4:13)**