



## SPORTS QUEST SAFETY GUIDELINES

### SUMMER CAMPS 2020

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*"Sharing biblical truth to reach, teach & encourage next generation leaders through soccer."*

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# SPORTS QUEST – SAFETY GUIDELINES

Sports Quest has been committed to providing a top quality, Christian soccer camp experience for children since 1996, and we are eagerly looking forward to an exciting, fun-filled and educational week of camp. However, it cannot be over-stated that in light of COVID-19, the health and safety of all children, parents and coaches remains our number one priority. Sports Quest has therefore developed the following guidelines to ensure the well-being of everyone connected with camp.

## PRIOR TO EACH CAMP SESSION

- Parents/guardians must take their child's temperature prior to arriving. If the temperature is over 100.4 degrees, the child is not permitted to attend camp. The child must be 24 hours fever free prior to returning to camp
- Parents/guardians must ensure that their child's equipment (soccer ball, cleats, shin-guards etc.) is sanitized before camp
- Upon check-in, campers are required to apply hand sanitizer either personally provided by SQ
- Players will only be allowed to enter the training area once they have been assigned their designated training location on the field. Coaches will assist in walking children to their location

## CAMP SESSION: PLAYERS (SOCCER)

- Although soccer is no longer under a “no contact” restriction, coaches will minimize the potential for contact during drills and scrimmages. Nonetheless, parents must be aware that contact may occur throughout the camp session
- Children will be grouped according to age/ability, and group sizes will be minimized to a maximum of 6 children per coach. This will also ensure each child is given maximum personal attention, and that social distancing occurs
- Each child will be assigned his/her own “station” to place their individual equipment and to return to during each break
- Water will not be provided by SQ in the interests of sanitation
- Campers should bring plenty of water/sports drink to last the 3 hours of camp
- No sharing of drinks
- Social distancing protocol will be enforced when using restrooms
- Campers are required to bring their own soccer ball
- Scrimmage vests will not be used
- No physical contact between players or coaches such as high-fives, fist bumps, group celebrations etc.
- Coaches will be responsible for picking up and moving all equipment (cones, goals etc.) as necessary throughout the camp session

## CAMP SESSION: PLAYERS (DAILY DEVOTIONAL)

- SQ will share a Christian message each day at 3 separate intervals: 9:15 am, 10:15 am and 11:00 am. The lessons will be held in shaded areas with no more than 6 children per group to allow social distancing
- Each lesson will last approximately 10 minutes (Note: Time frames are subject to change)

## POST-CAMP SESSION: CAMPERS

- Campers will leave the camp session under the staff direction, beginning at 11:15 am
- At the conclusion of the first day, each camper will receive a bag of commemorative camp gifts, including T-shirt, soccer ball etc. for the week. Coaches will wear latex gloves during the hand-out process
- Upon exiting the training area, campers are required to apply hand sanitizer provided by SQ

## PARENT/GUARDIAN GUIDELINES

- Parents/Guardians, siblings, friends or children (pre or post camp) will not be allowed to congregate at any time
- Parents/Guardians, siblings, friends or children are welcome to watch camp in action, but they must either remain inside their vehicle or observe social distancing protocol
- Dismissal will begin at 11:15 am and be completed by 11:30 am

## GENERAL GUIDELINES

- If you/your child chooses to wear a mask before, during or after camp, please feel free to do so. Masks are not mandatory and will not be provided by SQ
- SQ will have a non-contact forehead thermometer available for use during camp. Any camper with a fever of 100.4 or higher will be required to go home (SQ will contact the parent/guardian to let them know of the situation)
- Anyone who is sick or who has underlying health conditions are asked to please stay home
- When you arrive at camp, please park in every other parking space to ensure social distancing

## SPORTS QUEST COMMITMENT

- SQ will sanitize all equipment prior to each camp session
- SQ will go above and beyond in staffing to ensure every camper and parent/guardian feels confident and comfortable participating in camp
- SQ will have an on-site medic at camp each day
- All SQ staff will check for COVID-19 symptoms before they attend camp each day, and will be required to stay home if they feel unwell
- SQ will make every effort to provide a safe and memorable camp experience for your family
- SQ will make every effort to exceed all safety expectations during this unprecedented time

*Sports Quest continues to closely monitor all communication from the CDC and WHO, as well as local authorities, for safety updates. As we learn more, and if needed, we'll adjust our operations accordingly. Our goal is to provide an opportunity for children to enjoy soccer camp with friends in a safe environment. **Here are links to reliable sources for your reference:***

- [Houston Health Department](#)
- [Harris County Public Health](#)
- [Texas Department of State Health Services](#)
- [Centers for Disease Control and Prevention](#)
- [World Health Organization](#)