



“For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come.”- 1 Timothy 4:8

## GO TIME!

Yet another rain-filled week, but it couldn't deter the Hurricanes from their commitment to practice. Though the field at North Oaks was wet (especially on Thursday), it nonetheless provided an environment for some terrific training and awesome fellowship. It also gave us the opportunity to announce Team Captains, and remind them of their responsibilities as ambassadors for the program. Congratulations to Robert Miller, Aaron Gingrich, Sam Simon, Logan Maloney, Spencer Dill, Matthew Smith, Reagan Willmon, Gracie Jeffus, Kove Williams, Mia Criswell, Zoe Deering, Riley Ogden, Samuel Anderson, Isaac Taylor, Kate Stockton and Sophie Stockton for being chosen by their peers and approved by the HCYA Hurricanes leadership. This week also saw the start of season games, with HSJVJG pushing Northland Christian School all the way in a narrow 2-1 defeat. A great showing for their first outing.



## DEVOTIONAL THEME: FEAR – Take courage! It is I. Don't be afraid"

As we continued our jet tour through the Gospel of John, we addressed the issue of fear, specifically from John chapter 6. The Bible tells us that after Jesus had miraculously fed around 15,000 people (5,000 men, plus women and children) with just 5 loaves and 2 fish, He immediately made His disciples get into a boat and go on ahead of Him while dismissed the crowds and went up on a mountainside to pray (Mark 6:46). The disciples ventured to row 6-7 miles from the eastern side of the Sea of Galilee to Gennesaret on the western side. Picture the scene. It's dark, you've rowed about 3-4 miles, and a strong wind starts blowing, causing the waters to get rough. How are you feeling right now? Are you regretting ever listening to Jesus when He told you to get into the boat in the first place? Are you wondering why He would put you through this trial, which, for all you know, could end in death? And if that's not enough, just as your boat is being buffeted by the waves, you see Jesus walking on the water, coming towards you! What's going through your mind? The disciples' response was, "It's a ghost," and they cried out in fear, terrified by the whole scene playing out in front of their eyes. Oh how comforting the words of Jesus must've been: "It is I; don't be afraid" (John 6:20). "Take courage! It is I. Don't be afraid" Wow! What powerful, comforting, reassuring words – words which can be applied to our own lives today...



We often face spiritual and emotional storms and feel tossed about like a small boat on a big lake. In spite of terrifying circumstances, if we trust our lives to Christ for His safekeeping, He will give us peace in any storm. When life throws us a curve ball, we must look back at His previous interventions in order to courageously step forward into our "new normal," recognizing that Christ's presence and our faith is the antidote for fear. As the saying goes, "If God brought you to it, He'll bring you through it." Our Scripture for the week provides what the child of God should commit to memory and take to heart: "For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline" (2 Timothy 1:7)

Looking forward to seeing you next week!

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**"I can do all things through Christ who strengthens me." - Philippians 4:13**