



“For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come.”-1 Timothy 4:8

## IT'S A BLUR...SO ENJOY THE MOMENT!

Week 2 of training came and went as fast as the first, maybe even faster! Before we know it, we'll be sitting around tables at the annual Hurricanes banquet reminiscing about another (successful) season. A lot happened this week:

- Each session opened in **TEAM** prayer (i.e. **ALL Hurricanes players**)
- Players were placed according to age, experience and ability
- Players voted for Captains (to be announced on Tuesday)
- Individual and group pictures were taken
- The first game was played (and the first win recorded – HSJVB 5-2 versus Briarwood)
- God's Word was shared and each session closed with **TEAM** prayer

Notice that in all the activity and within all the moving parts of the program, prayer undergirds everything related to the **TEAM**. It is our cornerstone and constant source of encouragement. We take our praises and requests to the One who hears our hearts. Allow the following Scriptures to remind you of the privilege of entering God's presence through prayer:

- This is the confidence we have in approaching God: that if we ask anything according to His will, He hears us (1 John 5:14)
- For the eyes of the Lord are on the righteous, and His ears are attentive to their prayer (1 Peter 3:12)
- Let us then approach the throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need (Hebrews 4:16)
- Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God (Philippians 4:6)



All too often we fail to take our burdens and express our thanks to “Him who is able to do immeasurably more than all we ask or imagine according to the power that is at work within us” (Ephesians 3:20). If we sincerely trust in the absolute authority and infallibility of God's word – that EVERY Word of God is flawless (Proverbs 30:5) – we'll have no problem believing (as we discussed this week) that Jonah was three days and three nights in the belly of a huge fish; that Noah built the ark; that Daniel survived the lion's den; that Jesus lived, died, rose again and is coming back! And in practical terms, we won't allow the game of soccer to define us. Our identity is not rooted in whether we're placed on JV or Varsity. We'll understand that our physical abilities or performance in front of others are not measures of our worth in God's eyes. Our anchor is God's Word – what He says about us. So if you've been struggling recently with issues of self-doubt or second guessing God's plan for your life (or even for this season), focus instead on the amazing Scripture found in Ephesians 2:10: “For we are God's workmanship, created in Christ Jesus to do good works...” You are God's masterpiece – His work of art. The apple of His eye! Embrace that FACT and acknowledge the Word of God as perfect truth and prayer as your personal access route to Him!

*“What a friend we have in Jesus,  
All our sins and griefs to bear!  
What a privilege to carry  
Everything to God in prayer!”*

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**“I can do all things through Christ who strengthens me.” - Philippians 4:13**