



HCYA HURRICANES TRAINING NOTES – NOVEMBER 14



“Whatever happens, conduct yourselves in a manner worthy of the gospel of Christ...” Philippians 1:27

Review

The first week of games for HCYA Hurricanes brought just about everything: tough losses, encouraging ties and outstanding wins! Congratulations to Middle School Girls for their hard fought 3rd Place in the Presbyterian Tournament! And...Great job everyone for representing HCYA with dignity and grace on the field. May it never be said of us (individually or as a team) that we are “sore losers” or “boastful winners”. As always, we keep our eyes on the bigger (biggest!) picture of shining like stars in the universe in a crooked and depraved generation (Philippians 2:15)...



This week's challenges from Philippians 1:20-30

- ✓ Is your identity rooted in Jesus, or are you blown around by the winds of public opinion, trends etc.? Is your life built on shifting sand or solid rock? The more you know about Jesus, the more you will want to become like Him
- ✓ Is your life pointing others to Jesus Christ, or do they see hypocrisy and double standards in your life?
- ✓ Are you an authentic Christian? Are you real, transparent – recognizing your imperfections, but rejoicing in God's grace and forgiveness?
- ✓ Do you extend grace to others, or do you sit as judge and jury?



IMPORTANT

1. Please continue to read/study the book of Philippians. It is so rich with examples from Paul's life of what it means to live with a Christ-like perspective:
 - Life is a **TRUST**
 - Life is a **TEST**
 - Life is **TEMPORARY**
2. Please be sure to wear shin-guards to all practice sessions
3. If you cannot make practice or games, let coaches and teammates know by posting a note on “Chat” on the HCYA app



Looking forward to another great week of HCYA soccer!

Regards,
Jim Spence
Head Coach - HCYA Hurricanes
Founder – Sports Quest

