

"I have been crucified with Christ and I no longer live, but Christ lives in me. The life I live in the body, I live by faith in the Son of God, who loved me and gave Himself for me. I do not set aside the grace of God, for if righteousness could be gained through the law, Christ died for nothing." (Galatians 2:20-21)

PRE-SEASON TRAINING SESSIONS 3 & 4: THE GALATIAN CHALLENGE (I.E. READ THE BOOK/LETTER!)

A great second week of HCYA Hurricanes soccer practice. With groups split according to HS Boys/Girls and MS Boys/Girls, the 4 groups focused on several key aspects: Technical work with a ball • Possession play • Small-sided games • Fitness

Galatians Insights I

Speaking to the Galatian churches, Paul states in verse 4 of chapter 1 that, "Jesus Christ gave Himself for our sins to rescue us from the present evil age..." Jesus Christ died on the cross to rescue us from our sins. At first glance, this may look like a simple formula: Receive Christ = Forgiveness of sin = Acceptance into heaven as deliverance from this "present evil age" (i.e. a future

event). But, the context is deeper than that. Jesus' death not only removes our sin in the future, but He also rescues us from the power of sin in our lives today. In other words, our rescue doesn't take us out of the world; rather we no longer need to be enslaved to sin because of the Holy Spirit living inside us. It's this Holy Spirit which "teaches us to say "No" to ungodliness and worldly passions and to live self-controlled, upright and godly lives in this present age..." (Titus 2:12)

Galatians Insights II

In Galatians 1:6-9, Paul confronts the Galatians for "being taken in" by false teachers or visitors whom Paul called those "who trouble you" (1:7) or "unsettle you" (5:12). He was "astonished" that they had so quickly abandoned the true gospel which they'd received during his first missionary

journey. They were being thrown into confusion, duped into questioning the very gospel itself! He sternly rebukes them and pronounces a curse of final judgment on those who proclaim or receive a different gospel. Even if he or an angel from heaven were to preach such a gospel, Paul tells the Galatians to reject it. What were the Galatians so quickly believing? We'll discover soon...

Takeaways

So how are we doing? Are we enslaved to sin because we are not relying on the Holy Spirit to rescue us from temptations when they come our way? Do we even have the Holy Spirit living within us, equipping us with the inner

drive and passion to serve God and love others above self-indulging, sinful acts? And, are we strong enough in our faith to recognize false teaching? Believers in Christ are to "master" the bible and its teachings to be able to discern right from wrong – truth from error. We must know what we believe and why, otherwise we will be prime targets for false teaching...Just like the Galatians.

See you next week!

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